



The Good News

of First Presbyterian Church for November 2019

Do not neglect to show hospitality to strangers,
for by doing that some have entertained angels without knowing it.
(Hebrews 13.2 [NRSV])

A Festival of Music showcases organist Chelsea Chen

Time: Sunday, November 17 at 4 p.m.
Place: First Presbyterian Church sanctuary

Chelsea Chen's dynamic playing and solo concerts have taken her worldwide. She offers a unique mix of traditional organ, piano, orchestral transcriptions and contemporary music. The Los Angeles Times praised her "rare musicality" and a compositional style that is "charming and irresistible."

FESTIVAL
OF MUSIC



A graduate of Juilliard School and Yale University, she has performed to great acclaim at venues including Singapore's Esplanade, Hong Kong's Cultural Centre, Philadelphia's Kimmel Center, and Los Angeles' Disney Hall. Ms. Chen has recorded multiple CDs and her playing has been aired on places including CNN.com and "Pipedreams" from American Public Media.

As a Fulbright scholar, she moved to Taiwan where she collected folk songs and wrote organ solos and chamber music as well as broadening the classical organ repertoire with her own works based on Asian folk songs.



Chelsea Chen
in concert

First Presbyterian Church
Sunday, November 17 ~ 4 p.m.

From 2013-2017 Chen was Organist and Concert Series Director at Coral Ridge Presbyterian Church in Ft. Lauderdale. She currently divides her time between Switzerland and New York City where she serves as Artist-in-Residence at Emmanuel Presbyterian Church in Manhattan.

The concert is open to the public. There is no admission fee, but a freewill offering will be accepted.

Count Me In!

Can we count you in?



Stewardship 2020
Count Me In

First Presbyterian has officially kicked off its annual stewardship campaign! We count on the financial commitment of our congregation to fund our outstanding leadership and staff, wonderful youth and phenomenal outreach programs, inspiring music ministry, and needed facility repairs.

In 2020 we are targeting a budget increase of 3% to support all the church programs, staff, and facilities. This translates to a goal of \$852,000 to keep the current programs vibrant and active for First Presbyterian and provide for the continued stewardship of the facilities. This is a \$25,000 increase over the 2019 budget. In addition we have \$30,000 in supplemental pledges in 2019 that need to be covered. We need everyone "to be counted in."

Our committees are filled with dedicated people who ensure that your donations fund meaningful programs and events. These programs would not be possible without the generosity and the continued commitment to the church provided by the many gifts from the congregation. For that, we say "thank you!"

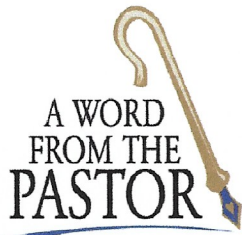
Where do you fit in *Count Me In*? How best can you use your time, talents, or treasures to answer God's call for us to be good stewards, plan wisely, and generously share our faith with everyone we meet? The opportunities are there for you – maybe even try something you haven't tried before!

Please return your pledge card to the church by November 1, either by mail or in a Sunday offering plate. As our church family plans for the needs and opportunities of the coming year, we hope you will prayerfully consider your financial commitment and conclude...



Count me in!

"Count me in!"



November 2019

With November on the horizon, I wanted to draw your attention to two seasonal items.

Thanksgiving Table Worship

First of all, with many of us gathering with family and friends to celebrate the Thanksgiving Holiday,

I have put together a resource called Thanksgiving Table Worship, filled with prayers and liturgical pieces fit to use for a brief service before your feast begins. Or, if you just need a prayer before the meal, there are a number of options to choose from as well. I invite you to pick up a copy at the Welcome Desk or in the church office.

The Gift of the Nutcracker

Advent Bible Study

Right after Thanksgiving, we roll into Advent, which begins December 1. I will be offering a special Advent study again this year. Because of the way the calendar falls (and the fact that I will be traveling to USA Swimming's Junior National Championships in Seattle) I will be offering two classes on December 4 and December 18.

The class is called *The Gift of the Nutcracker*, and draws on the work of author Matt Rawle (whose previous study on *A Christmas Carol* we went through a couple years ago) as he explores the story to help us understand God's greatest gift of the Christ child, and the kingdom Christ came to establish. The cost for the book is \$15.00 and you can order one through the church office by Monday, November 18. I hope you can join us!

Peace, *T. J.*

"What you do makes a difference, and you have to decide what kind of difference you want to make."

(Jane Goodall)

A Festival of Music announces bonus December concert

And Glory Shone Around: An Early-American Christmas

The Festival of Music committee is proud to announce the late addition of an exclusive bonus concert. Friday, December 13 at 7:30 p.m., *The Rose Ensemble* (world-renowned ensemble of professional musicians based in the Twin Cities) will present its program *And Glory Shone Around: An Early-American Christmas!*

Deck the sanctuary with over 300 years of American harmony: Appalachian ballads, Colonial carols, Shaker hymns, Irish fiddle tunes, and plenty of Kentucky foot-stomping! Discover the music that gave birth to Bluegrass while *The Rose Ensemble* evokes the warmth of hearth and home.

Stewardship Alive!

The benefits of gratitude

Christians realize that gratitude has spiritual benefits, but now scientists are confirming its physical and emotional benefits, as well.

Professor Robert Emmons found that people who counted their blessings instead of their burdens were healthier and more optimistic, exercised more and made more progress toward achieving goals. Evidence shows that gratitude can even ease chronic health conditions.

Emmons, author of Thanks! How Practicing Gratitude Can Make You Happier (Mariner Books), acknowledges that gratitude seems harder to practice during tough times. But, he notes, "In the face of demoralization, gratitude has the power to energize. In the face of brokenness, gratitude has the power to heal. In the face of despair, gratitude has the power to bring hope."

~ Newsletter / November 2012

Financial Statement / September 2019

Balance (9/1/19)	\$ 89,818.11
Receipts (September)	+ 44,165.51
Disbursements (September)	- 50,195.16
Balance (9/30/19)	\$ 83,788.46



First Presbyterian Church
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The Good News is published the first of each month for members and friends of First Presbyterian Church (FPC).

The newsletter tells the story of the church, promotes its programs, and publicizes opportunities to live out one's faith.

Deadline for submission of material is the fifteenth of the preceding month.

Church Staff

- | | |
|--|---|
| Pastor | Thomas J. (T.J.) Parlette |
| Associate Pastor | Jay P. Rowland |
| Director of Music | John E. Stender |
| Director of Music Emeritus | Lee J. Afdahl |
| Coordinator of Youth and Christian Education | Susanna L. Stone |
| Office Administrator | Susan K. Kruger |
| Facility Manager | Harry E. Coleman |
| Custodian | Tyler Sczurek |
| Part-time music assistants | Katie Kuisle (Calvin and Cherub Choirs)
Janine Yanisch (First Players) |
| Part-time custodians/security | Than Boutelle, Vera Brooks, Sally Evans, Tami Rinn |
| Child Care Workers | Maria Alma Candido, Esther Lebron, Brenda Thorson |
| Newsletter Editor | Carol J. Evans |
| Parish Associates | Roger Ring, Carol Shaffer, James Walker |

Sunday services of worship at 8:30 and 11 a.m.

Education classes: Sundays at 9:40 a.m.

Office hours: Monday-Thursday, 7:30 a.m.-4 p.m.;
Friday, 7:30 a.m.-3 p.m.; Saturday, 9:30 a.m.-noon

Visit our WEB site at www.FPCRochester.org.

The mission of First Presbyterian Church of Rochester is to reflect God's love for all people by proclaiming the Gospel of Jesus Christ.

Getting to know you, John Stender!

In case you haven't had a chance to shake his hand, FPC wants to give you the opportunity to get to know our new Director of Music, John Stender. Because John is typically doing choir rehearsal between church services on Sundays, he may not be available for a meet-and-greet during our time of fellowship each week. So, I decided to steal a weekday coffee meeting with him! Ladies and Gentlemen, please allow me to introduce to you, John Stender.

John was born and raised in Davenport, Iowa and says his whole family resides in or around Iowa. He relays that he was about six years old, and was literally kicking the baseball glove from his house to the park, to play baseball. His older brother then told on him and shortly thereafter, his mom picked him up at the ballpark, and asked him how he may feel about piano lessons. He was relieved that somebody had figured him out!

He began a series of wonderful piano instructors, and would periodically visit his grandparents' country Methodist church in Walcott, Iowa. There was a time when the church was without a pianist and playing CDs for the services. John was in high school at the time, and he stepped in and filled the gap. An interim pastor recognized John was a "pretty good, high school pianist," and announced at a coffee hour John's talent and requested parishioners donate to a fund to send John to a music camp or class of some sort. A vase was pulled out and passed around, and John smiled as he recounted that others believed in him and donated to help develop his skills in music. He used the money for Summer Dorian Festival at Luther College.

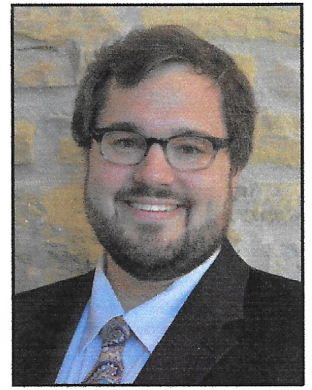
Greg Peterson, organ professor at Luther College, really took a liking to John, and that was the beginning of the end. Between a visit to see *Christmas at Luther* in 2006, playing the organ at Dorian in 2007, and the prospect of working with Greg, John was sold on Luther. He began his Luther education the fall of 2008.

Jacobs School of Music at Indiana University was next up after undergraduate schooling, and that is where John met Sarah. He says he was there doing an Organ and Sacred Music Master's program, and Sarah was there doing a Harpsichord Master's program.

Interestingly enough, John had first met her after an opera, and she mentioned playing harpsichord. He then made sure to mention how great the harpsichord was at another show he had seen, and Sarah confirmed it was she who had been playing for that show. John says



The Stender Family
Sarah, Daniel, and John



John Stender
Director of Music

that meeting Sarah was love at first sight, and thankfully, they had some mutual friends who helped them realize they were two peas in a pod. It took a firm confirmation from the friends that they had already asked Sarah if she would accept and she had confirmed she would, before John considered asking her out. He says he is glad the friends were involved in the dating process. He says, after meeting her, he would have been too much of a coward to ask her out without their help.

John and Sarah wrapped up their time in Indiana in 2015, and moved to South Carolina. Since then, they have had a child (Daniel - born 11/2/2016), adopted a dog (Dolly Madison Parton), have both been employed full-time by respective churches (Baptist Church of Beauford for Sarah, and Parish Church of St. Helena for John), and decided to pick up and move to the Midwest to start their journey with FPC.

Now that they're here, John says he feels at home. The church feels right for their family, and John feels he is in the right place for his career. He has a lot of ideas about how he can contribute musically, but also said the family wants to be involved in other aspects of the church - make sure to say "hello" to John as he washes dishes for youth group dinners! He is excited to jump in with motivation and grace for the new challenges ahead.

Welcome, John, we are so happy to have you!

~ Katie Lenn

Hymn sing December 1 marks beginning of Advent

Please plan to attend a hymn sing for Advent on Sunday, December 1 at 4 p.m. in the sanctuary. It's important for us to remember that our hymnal is a valuable devotional resource for church AND home, and need not be limited to Sunday morning for use! I hope everyone will plan to join me for a relaxed gathering to sing together 'as in days of old' and casually explore some deeper background information about some of our favorite Advent music and moods.

~ John Stender / Director of Music

Here we come a-caroling ...

On Saturday, December 7 the Welcoming and Nurturing Committee is planning a late afternoon event of "Cookies and Caroling." You can "cookie" or you can "carol" or even better, do both! Watch for the details and sign-up times in the December Good News.

~ Allyson Maurer / Welcoming and Nurturing Committee

Thanks to all!

Homecoming Celebration Sunday

Thanks to all who helped make our Homecoming celebration on October 6 a fun and memorable event. To all who brought food and helped set up and clean up - thank you! To **Holly Ebel**, **Carol Shaffer** and **John Kruesel** for sharing your stories - thank you! To **John Stender** for writing a song just for the occasion - thank you!

Octoberfest

Thanks to the **Christian Education Committee** and **youth group** for sponsoring their now annual OctoberFest dinner on October 24. Brats, hotdogs, German potato salad, and sauerkraut highlighted the menu, which included Dan's root beer. Proceeds from the free will offering will support special youth activities.



Help deck the halls with boughs ...

The Advent season is fast approaching. We will be decorating the church for the Advent season on Saturday, November 23 at 9:30 a.m. There are projects for all ages. We will have light refreshments and good conversations to go with the work. Many hands make the project easy, so please mark your calendar and join us on November 23.

~ Bev Lewis / Welcoming and Nurturing Committee

Congregational meeting called to elect new officers

The Session has called a meeting of the congregation for Sunday, November 10 at 9:30 a.m., following the first service, to elect church officers for the coming year including new classes of deacons and elders and congregational representatives for the Endowment and Nominating Committees.

The Nominating Committee will present a slate of candidates. Nominations from the floor will be accepted provided the nominee has given prior approval to having his or her name placed on the slate.

New elders and deacons will attend new officer orientation January 12 followed by ordination and installation, after which they will begin their term of service. Each elder will be assigned to a standing committee of the Session.

Deacons encourage use of cab vouchers

FPC Deacons' transportation fund is available for all church members, providing cab transportation to and/or from church for any church-related activities: Sunday services, committee meetings, Festival of Music, funerals, etc. Cab vouchers may be obtained from a visiting Deacon or from the Church office.

~ Judy Kruesel

2019 Sharing Tree brings Christmas spirit to many



We are again offering you an opportunity to help children, families and those that are homeless in our community during the Christmas season. From November 17 through December 8 a Christmas tree in the atrium will be decorated with colored gift tags, each color representing a charitable organization in Rochester.

The organizations we are supporting this year include:

1. **Childhood Cancer Community** assists families who have encountered a childhood cancer diagnosis.
2. **Medcity Foundation** (Kristina Wright-Peterson's organization) provides general assistance to blood cancer patients and their families. This includes lodging, food and other financial needs.
3. **Alternative Learning Center (ALC) Daycare** provides gifts for infant children whose high school parents are finishing high school credits at the ALC.
4. **Family Promise** (also known as Interfaith Hospitality Network) provides assistance for homeless families in the way of housing, meals, daycare, and employment.

We are setting up the tree earlier this year, starting with Childhood Cancer Community gift tags, since those gifts need to be delivered by the beginning of December. Our church youth group will be wrapping and delivering these gifts.

Select a gift tag off the tree and purchase the item or items on the tag. As far as wrapping and delivering the gifts follow the instructions on the tag. It is important that you attach the tag to the gift when you return it to the church office so we know to which organization the gift should be delivered. The tag will indicate the deadline for returning the gifts to the church.

Instead of purchasing a gift there is also the option of purchasing a gift card from one of our local stores or restaurants. Put the card in an envelope and drop it off in the church office.

Any questions please contact me at rksaling@msn.com.

Thank you for your generosity,

~ Ruth Saling / Social Concerns Committee

Celebrate Advent, donate to the Poinsettia Fund

Help celebrate the Advent season with a \$15 donation to the Poinsettia Fund. The plants will decorate the sanctuary in December and then be delivered by the Deacons to our many C.A.R.E. members. To contribute, put your check for \$15 (note for poinsettias on the memo line) in the offering plate or mail it to the church office.

Thank you!

~ Judy Felten / Chancel Guild

A "Big Thanks" from Social Concerns

On behalf of the Social Concerns Committee, I thank every one of you for your continued financial support that enables us to reach hundreds of local adults and children, providing them with hope in crisis, hope for a better day and a better tomorrow. Without your prayerfully considered support, stomachs would be empty, families would not be sheltered from the storms, those suffering from addiction and mental illness would falter, newcomers would not feel welcomed to our community, those in need would not receive medical care, and families of those with overwhelming illnesses would not be supported.

As we enter the frigid winter season and as the world around us seems so dark, please consider your stewardship pledge with the warmth of hope inside you.

Please do not hesitate to give me a call with any questions about the organizations we support and how you can help in 2020. Thank you so much for all that you do and for being you!

~ Lucinda Cutrer / Chair, Social Concern

from the FPC Parish Nursing program

November: Vegging Out - the Healthy Way!



Did you know Daniel 1 tells the story of the first scientific test with a control group? For ten days, Daniel and his friends eat vegetables and water, while the other members of their group eat the king's rich food and wine. "At the end of ten days it was seen that they were better in appearance and fatter in flesh than all the youths who ate the king's rich food" (Daniel 1:15 [RSV]). Eating a vegetarian or vegan diet can reduce risk of cancer, heart disease, high blood pressure and diabetes. Even if you don't choose to give up meat, however, adding more vegetables to your diet can greatly improve your health by adding vitamins and reducing calories. Here are some tricks:

- 1) **Start with a salad.** This tricks your stomach into thinking it is full and helps you eat less.
- 2) **Try a green smoothie** using frozen spinach with fruit, berries, yogurt, honey, etc.
- 3) **It's soup season!** Make a hearty vegetable soup. Try adding lentils or beans and holding the meat.
- 4) **Try a savory oatmeal.** Oats are amazingly healthy too... they're like little cholesterol sponges. Your heart will thank you.
- 5) **Figure out the way you most enjoy them.** Try raw with hummus, roasted with spices, grilled, sautéed, mashed, or masked (cauliflower crust? Squash Mac n cheese?) With a little extra work, you can enjoy God's gift of vegetables. Bon appétit!

~ Ariel Boswell / FPC Parish Nursing coordinator



November 2019 Youth Group News

FPC Youth Group had a busy October! We met four times and completed various activities, including serving at the Octoberfest dinner and packing 50 hygiene kits for Church World Service to be sent to hurricane-damaged areas of the Caribbean.

We also enjoyed a beautiful fall afternoon with an outing to Northwoods Orchard where we spent time on a wagon ride, traveled through the corn maze, ate snacks, and spent time in fellowship with one another.

We'll be meeting three times in November: November 6, 13, and 20, with Dan and Jay in charge while Susanna is out on maternity leave. We have a great group of about 15 energetic and caring middle and high schoolers. New youth group members (and their friends) are always welcome to join us on Wednesdays from 5:45-7:00 p.m.

Save December 1 for Advent Creations

Join us in the social hall on Sunday, December 1 from 9:40-10:50 a.m. for Advent Creations. Advent Creations is open to all ages and is an opportunity to use your creativity to create Advent and Christmas crafts! Kids under the age of 8 will need adult supervision.

This year there will be numerous craft stations set up so feel free to roam from one station to the next. Some of the crafts may even make good Christmas gifts!

Note: There will be NO youth Sunday School on December 1, but the children's choirs will still meet at their regularly scheduled times: Calvin Choir (grades 2-5) 9:40-10:20; Cherub Choir (Age 4-Grade 1) 10:20-10:50. The nursery will be open during Advent Creations.

Adult education ~ Sundays / 9:40-10:45 a.m.									
Members have asked for in-depth studies and here are several great opportunities covering a wide variety of topics and interests!									
Bible Study (South Fireside)	The Kerygma Class continues a study of <i>The Jesus Movement and the World of the Early Church</i> . The class is led by Jane Goodfriend and Ruth Walts.								
Current Issues (Lounge)	<i>Current Events: Fighting the Tide of History</i> will be the overall theme for the 2019-2020 year. The discussion is led by Al Depman.								
Bible Study ~ Wednesdays / 6:30-7:30 p.m.									
Bible Study (Sheldon Jackson Lounge)	<table border="0"> <tr> <td>November 6</td> <td><i>The testimony of Tod Hall</i></td> </tr> <tr> <td>November 13</td> <td><i>The Coin of Constantine</i></td> </tr> <tr> <td>November 20</td> <td><i>Bible News Update</i></td> </tr> <tr> <td>November 27</td> <td>No class / Thanksgiving break</td> </tr> </table> <p>The Bible Study is led by Al Depman.</p>	November 6	<i>The testimony of Tod Hall</i>	November 13	<i>The Coin of Constantine</i>	November 20	<i>Bible News Update</i>	November 27	No class / Thanksgiving break
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Ministry of Music

John Stender, Director of Music
Katie Kuisle, Cherub and Calvin Choirs
Janine Yanisch, First Players

*Music expresses that which cannot be said
and on which it is impossible to be silent.*
(Victor Hugo)


Looking ahead to Advent

My gratitude for the people of FPC abounds. I eagerly look forward to each Sunday morning and joining your hearty singing. Also, my favorite part of the church year is when we transition from the long "Time after Pentecost," toward Advent—a journey accentuated by commemorations of the Reformation, and the feast of All Saints', and also the festive Christ the King Sunday (a parallel to the last Sunday of Epiphany, or the last Alleluia before Lent).

The Rose Ensemble presents bonus FOM concert

Thanks to the generous support of the Festival of Music committee and our clergy, I'm looking forward to the recently added opportunity to hear *The Rose Ensemble* in concert on Friday, December 13 at 7:30 p.m. Plan to make time to join us!

~ John Stender

 Singing and ringing schedule for November			
	8:30	11:00	Both
November 3	Chancel Choir	Calvin Choir Cherub Choir	Alleluia Rngrs
November 10	Chancel Choir Youth Choir		Jubilate Deo
November 17	Chancel Choir Youth Choir	Cherub Choir	Joyous Praise
November 24	Chancel Choir Youth Choir	Chancel Choir Youth Choir Calvin Choir	Alleluia Rngrs



Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.
(William Arthur Ward)

First Players plays at Family Promise concert November 16



Janine Yanisch
First Players
Director

The First Players program had a good start and both the Beginning Band and Concert Band are now having full rehearsals once per week. We have an enthusiastic group of beginners, and our returning students are helping out by showing new students the ropes. I am grateful for each of them! There are 14 members in Beginning Band (including TWO tuba players!) and 20 in Concert Band (0 tuba players, so far...), and I'd love to have even more in Concert Band.

Concert Band will have its first performance of the year on Saturday, November 16 when they play in the Family Promise Homeward Bound concert at Bethel Lutheran Church. (<http://familypromiserochester.org/homeward-bound-concert/>) What a great opportunity to play for such a worthy cause! Having organizations reach out to First Players to perform feels really great and makes all of us look outside of ourselves to see how our music can serve others. Check paper for time.

Note: FP will not be performing at Festival of Trees this year due to our commitment to play at the Homeward Bound concert.

Our Winter Concert is Monday, December 16 at FPC at 7:30 p.m. and will feature both bands. Please join us as we share our music!

Needed: One or two more people to serve on the First Players Board. This group meets about 3x/year and supports me in implementing our wonderful First Players program. The time commitment is minimal, but the support is invaluable.

Lastly, a big thank you to FPC families, past and present, who have generously donated instruments to our program!

Peace, Janine

Sitter Service continues November 8

The next Sitter Service will be November 8. Sign up in the atrium on Sunday, November 3 or in the church office or by contacting **Sarah Edgerton** (edgertonsarah@gmail.com or 507-536-9637) or **Cindy Kunzman** (507-421-5055 or xiandikunzman@aol.com) by Tuesday, November 5.

We are always looking for new families to join the fun and volunteers who would be willing to come play with us for a few hours.

All children (6 months to 10 years) of members or regular attendees are welcome (also grandchildren). Older children may come and help if they have younger siblings attending. Anyone wishing to help be a volunteer Sitter, please contact **Sarah Edgerton** or **Cindy Kunzman**.

Plus a bonus trial run in December

For the first time we will offer Sitter Service in December ... Friday, December 13 from 5:30-9:30 p.m. This is a one-year trial event. If it's successful both from the number of children attending and from our ability to recruit volunteer sitters, we may consider offering it again. Sign-up will be Sunday, December 8.

~ Sarah and Cindy / Sitter Service Coordinators



PRESBYTERIAN
WOMEN

News from Presbyterian Women

* Sylvia Swede, facilitator

Circles continue in November. New members are always welcome.

The 2019-2020 Horizons Bible Study is *Love Carved in Stone: A Fresh Look at the Ten Commandments*.

Esther Circle: Monday, November 18 at 1 p.m. in the lounge. Co-hostesses: **Carol Cook, Jane Hallman and Mary Vanderheyden**. Devotions: **Virginia Christiansen**. Program: **Margie Schaaf** (Bible Study #3 & #4).

Priscilla Circle: Wednesday, November 20 at 9:15 a.m. in the lounge. Hostesses: **Nancy Boutelle and Carol Evans**. Devotions: **Char Ellefson**. Program (at 10:30): Yoga (**Marion Pitts**). Project: Hawthorne Helps (lotions).

Ruth Circle: Saturday, November 16 at 10 a.m. in the Sheldon Jackson Lounge. Hostess: **Gretchen Sandvik**. Devotions: **Cindy Sannes**. Bible study: **Laury Schalaus** (Chapter 3).

Prayer Shawl Ministry: Thursday, November 14 at 1 p.m. in the lounge. Join us for knitting, crocheting and fellowship! Please contact **Elizabeth Remfert** (269-5272) or **Susie McClocklin** (288-7772) if you or someone you know would find comfort from a prayer shawl.

Thanks to everyone who supplied needed supplies for the Gift of Life Transplant House in October!

Presbyterian Women meet in Kasson

Eighteen FPC members attended the Fall Gathering of Presbyterian Women in the Twin Cities Area Presbytery (PW/PTCA) on October 12 at the First Presbyterian Church in Kasson. Many thanks to those who provided school, hygiene, or baby kits for the mission project.

The Spring Gathering will be held April 25 at Central Presbyterian Church in St. Paul. Save the date!

Building Security is a Team Sport and all of us need to be vigilant. We do have a regularly scheduled security monitor but sometimes groups stay longer than the security monitor. If you or your group is here after hours make sure you annotate it on the white board by the alarm pad. If you're the last one out, make sure there's no one left in the building and all lights are out before you set the alarm. Thanks.

~ Harry Coleman / Facility Manager

Church Family News

Anniversaries

Congratulations to **Tom and Marilyn Theismann** who will celebrate their 52nd wedding anniversary November 18.

Birthdays

Happy Birthday to **Joann Curnutt** who will celebrate her 92nd birthday November 8.

Happy Birthday to **William Johnson** who will celebrate his 95th birthday November 17.

Happy Birthday to **Naomi Hysell** who will celebrate her 101st birthday November 22.

Happy Birthday to **Elaine Davis** who will celebrate her 93rd birthday November 23.

Happy Birthday to **Betty Dobyns** who will celebrate her 93rd birthday November 25.

Happy Birthday to **Warren Potter** who will celebrate his 92nd birthday November 30.

Happy Birthday to **Alfred Thedens**, who will celebrate his 90th birthday November 11.

Calling all crafters!

Crafters Group will meet Wednesday, November 20 at 3 p.m. in the social hall. Come join us in fellowship as we make cards for our C.A.R.E. members. All supplies are provided.

~ Mary Huie (282-9712) / Crafters coordinator

Church library adds books on grieving

The FPC library has recently acquired a number of books written to support those who are grieving:

Eugenia Price's *Getting Through the Night*

(for "natural death, desertion, divorce, suicide, or accident"); *When Will I Stop Hurting?* by June Cerza Kolf; *Getting to the Other Side of Grief* and also *The Empty Chair, Handling Grief on Holidays & Special Occasions*

both by Susan Zonnebelt-Smeenge and Robert De Vries; *Good Grief* by Granger Westberg (60 pages); *The Grieving Child: A Parent's Guide* by Helen Fitzgerald; *Our Greatest Gift: A Meditation on Dying and Caring* by Henri Nouwen

These books support all who are grieving death from suicide:

Grieving A Suicide-A Loved One's Search, by Albert Hsu; *Standing in the Shadow* by June Cerza Kolf; *Finding Your Way After the Suicide of Someone You Love* by David Biebel & Suzanne Foster

And finally, an important book:

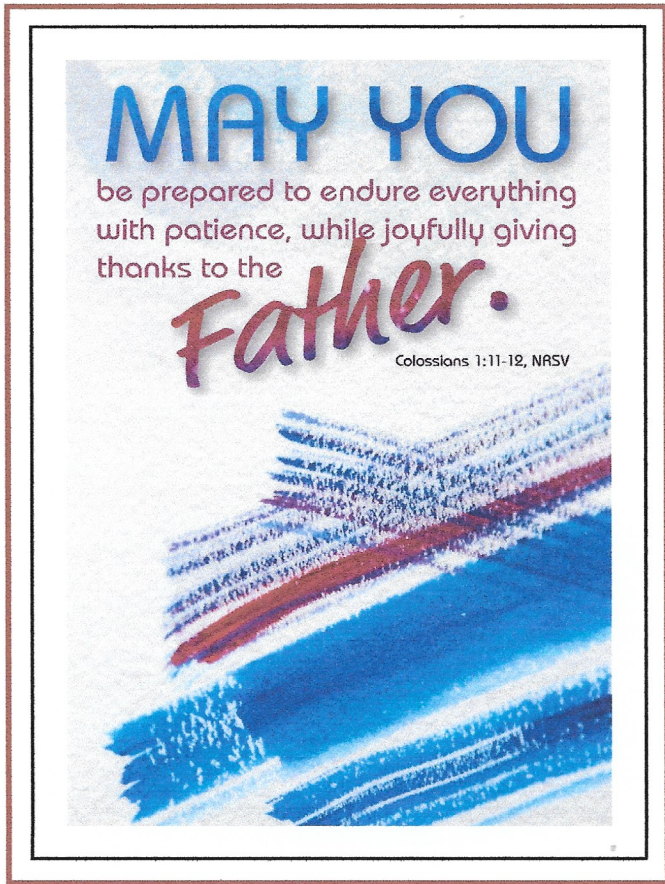
No Longer Alone, Mental Health and the Church by John Toews (with Eleanor Loewen).

Look for these books on the book cart in the atrium.

Questions? Speak with **Jay Rowland** or **Allen Dollerschell**.

~ Jay Rowland / Associate Pastor

Grace to you and peace from God our Father and the Lord Jesus Christ.



First Presbyterian Church
 P. O. Box 906
 Rochester, Minnesota 55903-0906

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November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday morning schedule Worship at 8:30 and 11 a.m. Sunday school / all ages at 9:40 a.m. Cherub Choir at 10:20 a.m. Calvin Choir at 9:40 a.m.			Wednesday youth schedule 4:15 p.m. Alleluia Ringers (grades 2-5) 5:00 p.m. Youth Choir (grades 6-12) 5:45 p.m. Middle/High School youth 7:00 p.m. J Praise bells (intergenerational)		1 All Saints' Day	2
						Set clocks back 1 hour to...
3 Communion Worship (8:30 & 11 a.m.) Alleluia Rngrs rings (both) 8:30 AM Chancel Choir sings 9:30 AM Blood Pressure/Parish Nursing 11:00 AM Calvin Choir sings 11:00 AM Cherub Choir sings	4 FPC@Community Food Response	5 Election Day Most committees meet/ check w/lead elder 9:30 AM Staff meeting 11:00 AM Grief Support Grp 7:00 PM Deacons/south fireside	6 Wednesday activities as usual FPC@Friendship Place 1:00 PM Charter House worship and communion 5:00 PM Recorder Ensemble (5-6:30) 6:30 PM Bible Study/lounge	7 6:15 PM JubilateDeo Bells 7:30 PM Chancel Choir	8 5:30 PM Sitter Service (5:30-9:30 p.m.) NO school-PD/Work ...	9
10 Worship (8:30 & 11 a.m.) Jubilate Deo (both) 8:30 AM Chancel Choir sings 8:30 AM Youth Chr sings 9:30 AM Cong Mtg to elect officers	11 Veterans Day	12 9:30 AM Staff meeting 1:30 PM Kitchen Guild 7:15 PM FOM Cmte/north fireside	13 Wednesday activities as usual FPC@Friendship Place 5:00 PM Recorder Ensemble (5-6:30) 6:30 PM Bible Study/lounge	14 1:00 PM Prayer Shawl Group 6:15 PM JubilateDeo Bells 7:30 PM Chancel Choir	15 Newsletter items due Sanctuary closed (FOM rehearsal)	16 Ffirst Players Concert Band/ Family Promise concert @ Bethel Lutheran Sanctuary closed (FOM rehearsal) 9:00 AM Presbytery/Apple Valley 10:00 AM AGO workshop w/Chelsea Chen 10:00 AM Ruth Circle/lounge
17 Worship (8:30 & 11 a.m.) Sharing Tree in atrium Joyous Praise rings (both) 8:30 AM Chancel Choir sings 8:30 AM Youth Chr sings 11:00 AM Cherub Choir sings 4:00 PM FOM/C Chen/organist	18 1:00 PM Esther Circle/lounge Never suppress a generous impulse.	19 9:30 AM Staff meeting 7:00 PM Session/Fireside Rm	20 Wednesday activities as usual FPC@Friendship Place 9:15 AM Priscilla Circle/lounge 3:00 PM Crafters Group/SHall 5:00 PM Recorder Ensemble (5-6:30) 6:30 PM Bible Study/lounge	21 6:15 PM JubilateDeo Bells 7:30 PM Chancel Choir	22	23 9:30 AM Advent Decorating Party
24 <i>Christ the King Sunday</i> Worship (8:30 & 11 a.m.) Alleluia Rngrs rings (both) Chancel Choir sings (both) Youth Chr sings (both services) 11:00 AM Calvin Choir sings	25	26 9:30 AM Staff meeting 1:00 PM Chancel Guild	27 FPC@Friendship Place 5:00 PM Recorder Ensemble (5-6:30) NO school-PD/Work ...	28 Thanksgiving No school/Fall break Church closed	29	30